

Recording sound with your computer's microphone input

a. Connecting and adjusting a microphone for recording spoken comments.

1. For recording voice, use a headset with an attached microphone, rather than a separate hand-held microphone. This type of headset leaves your hands free and keeps the microphone at a fixed distance from the mouth. Position the microphone to the *side of the mouth*, **not** in front. (This will avoid pops and other noises caused by some consonants). For recording group singing or instrumental music, use a stereo microphone like the Radio Shack 33-3028, \$30.
2. The headset has two plugs, one for the microphone and one for the headphones. Plug in the microphone plug into the microphone jack on the computer. Plug in the headphone plug into the speaker or headphone jack on the computer. Usually the plugs and jacks are labeled with a picture or a word to indicate their function. Ignore the colors of the plugs and jacks - different manufacturers use different color coding schemes.

b. Check the sound settings.

1. Double-click on the volume control (little loudspeaker icon) in the taskbar on the lower right corner of the screen. This displays the master volume control panel.
2. Make sure that none of the Mute boxes are checked and that none of the volume controls are turned all the way down (set the sliders about half-way up to start with - you can always change this later).
3. Select **Options** => **Properties** and click on **Recording** and click **OK**. Then make sure the **Select** check-box is checked under "Microphone" (it may be called "Mic").
4. If your computer has an **Advanced** button below "Microphone", click on it and make sure that the **Mic Gain** box is checked. Close all the windows.

c. Simple method for recording short soundbites, using the Windows *Sound Recorder*:

1. Create a folder on the desktop to save your sounds in:
 1. Right-click on the desktop.
 2. Select **New** => **Folder**.
 3. Type "Sounds" and press Enter.
2. Select **Start** => **Programs** => **Accessories** => **Entertainment** => **Sound Recorder**.
3. Click on the **round red button** to begin recording. Click on the **black square button** to stop. Click on the **black triangle** to hear what you have recorded.
4. If you are satisfied, skip to step 5. If not, Select **File** => **New**, click **No**, and repeat step 3.
5. Select **File** => **Save**, navigate to the "Sounds" folder on the desktop, type in the file name "test1" into the File Name box, and click **Save**.
6. Select **File** => **New** to clear the old sound and repeat steps 3 - 5 to record another sound, giving it the file name "test2". Close *Sound Recorder* when you are finished.

d. Making high-quality recordings in MP3 format with *Audacity*.

1. If *Audacity* is not already installed on your computer, refer to the handout **A5**: "How to

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Install Software used in the Digital Sound and Music Workshop" for instructions.

2. Launch *Audacity*. (**Start => All Programs => Audacity**).
3. Select **Edit => Preferences**. Click on the **Audio I/O** tab at the top. Under **Recording**, select Channels: "**1 (Mono)**". Then click the **Quality** tab and select Default sample rate **22050 Hz**, default Sample format 32-bit float and click **OK**. (If recording music using a stereo microphone, use "**2 (Stereo)**" and a sample rate of **44100 Hz**). Click **OK**.
4. Click the **round red** button to begin recording, click the **square** button to stop, and click the **green triangle** button to play what you have recorded.
5. If you don't like what you have recorded, you can delete it by clicking on the close box [x] in the *upper left corner* of the waveform window, then repeat step 4.
6. **Adjusting volume**. You can adjust the volume of the track by dragging the slider at the left-hand end of the track (with the - and + at the ends). If the recording is really faint, select the entire waveform (type **Ctrl-A**), then click **Effect => Normalize** and click **OK**.
7. **Editing**. To delete sections of the sound file that you don't want, drag the mouse pointer over that portion of the waveform and press the **Delete** key. To hear just one section of the sound file, drag the mouse pointer over that portion of the waveform and click the **Play** button. You can also **Cut**, **Copy**, and **Paste** sections of the sound waveform.
8. **Adding background music**. While the voice waveform is still showing on the screen, you can pull down **Project => Import Audio...** and navigate to a song file (in WAV or MP3 format) that you want to use as background music. (For example, look on the CD drive for the folder named "Royalty-free music"). Click on the desired sound file and click **Open**. Click the **green triangle** button to play. (All tracks displayed on the screen play simultaneously). If the music is too loud, adjust the volume of the music track by dragging the slider at the left-hand end of that track (with the - and + at the ends). You can adjust volume while it plays.
9. **Saving**. To save the sound file as an MP3 file, select **File => Export as MP3...**, navigate to the desired save location (e.g. the "Sounds" folder on the desktop), type in a file name into the File name box, and click **Save**. Click **OK** on the "Edit ID3 tag..." box.

Note 1: The *first time* you save an MP3 file, *Audacity* will ask if you want to locate the MP3 encoder. Click **Yes**, navigate to **My Computer => Local Disk (C:) => Programs Files => Audacity**. Click once on **lame_enc.dll** and click the **Open** button.

Note 2: The resulting MP3 file can be used just like any other MP3 file; it can be added to a *Powerpoint* presentation, used on a Web page, added to a *Memories on TV* video slide show (see handout **D1: MemoriesOnTV3**), or included on a custom audio CD (see handout **B6: Recording and Writing Audio CDs**).
10. To save the entire *Audacity* screen with all the separate tracks, select **File => Save Project**. Give it a name and click **Save**. You can open the project file later in *Audacity* and continue working on the project. Close *Audacity* when you are finished.

How to Open and Listen to Sound Files

WAV (.wav), MP3 (.mp3), WMA (.wma), MIDI (.mid), AU (.au), or AIFF (.aif) files

Double-clicking on the file: If you *don't care* what program the computer uses.

Open the folder containing the sound file and double-click on the file (or right-click and select **Open**). That will let the computer choose the program. This might be *Windows Media Player* or it might be some other program that you have installed, such as *MusicMatch*.

If double-clicking the file opens the wrong program, or displays an error message:

1. Right-click on the file and select **Open with...**, then select **Choose Program...**
2. Look through the list and select one of the programs.
3. Click the little box that says "Always use the selected program to open this kind of file".
4. Then click **OK**. Thereafter, double-clicking on files of that type will open the selected program.

(In *Windows 98*, Click **Start** => **Settings** => **Folder Options**. Click on the **File Types** tab. This lists all the file types that are registered on your computer and the programs that will be launched when you double-click a file of that type. To change an assignment, select the file type and click **Edit**.)

If you want to open the file in a specific program, you can either:

A. Open the desired program first (**Start** => **Programs**), then pull down the **File** menu within that program, click in the "Look in" menu at the top, click on the file and click **Open**.

OR

B. Right-click on the file, select **Open with....**, select a program to open the file from the menu.

OR

C. If the desired program is already open, open the folder containing the file and drag the file onto the window of the program. (This will work in most but not all programs). In some programs (e.g., *Windows Media Player*, *MusicMatch*, *WinAmp*) you can even drag a whole folder of sound files onto a program window and they will all be listed in the playlist of that program.

If the desired program is not one of the choices in the "Open with..." pop-up menu:

1. Right-click on the file and select **Open with...**, then select **Choose Program...**. This displays a scrolling list of programs that could possibly open that type of file.
2. Look through the list and select one of the programs. If always want that program to open files of that type, click "Always use the selected program to open this kind of file". Then click **OK**.
3. The selected program will be launched and the file will be opened.

If I recorded a sound with *Sound Recorder* or some other program, won't that program be opened when I double-click the file?

No. *Sound Recorder* and other sound editors programs can save its files in generic sound file formats (e.g. .wav or .mp3). When you double-click on a file it recorded, the computer launches whatever program is assigned to .wav or .mp3 files (might be *Windows Media Player*, or *MusicMatch*, or some other program).

Why does *MusicMatch* open when I double-click on a sound file?

Because if not installed properly, *MusicMatch* takes over the file type assignments of several common file types. To fix that, follow the steps in "**If double-clicking the file opens the wrong program**" above.

Downloading and playing back sound on your computer

1. Once you have recorded a sound and saved it as a file, you can play it on any computer; you don't need the program that you initially used to create the sound file. Sound files are generic file types, not associated with any one particular program. To play sound files directly on any computer, in most cases you can just double-click on a sound file and let the computer decide which sound player program to use. All contemporary computers come with a built-in sound player program that will handle all common sound file formats.
2. On most Windows computer, *Windows Media Player* is the default sound player. However, you can force another sound player program to play a sound by opening the desired program first (**Start => Programs =>** and select the desired program), then pull down the **File** menu within that program, click in the "Look in" menu at the top and open the desired file (or folder or disk containing the file). In Windows XP and 2000, you can right-click on the file and select **Open with...** Select a program to open the file from the pop-up menu.
If the desired program is already open, open the folder containing the sound file and drag the file onto the window of the program.
To *edit* a sound file, as opposed to simply playing it, you'll have to open it in a suitable editor program (e.g. *Audacity* for WAV, AU, or AIFF files, *Sweet MIDI player* for MIDI files, or *Finale Allegro* for ETF or other music notation files). See handout **F3 "Formats.doc"** for more information.
3. Open the folder "Sound file examples" on the workshop CD-ROM and select **Details** from the **View** menu so you can see the entire file name, file type, and size of the file. Try playing some of the wav, au, aiff, and mid files by double-clicking on them. This will let the computer decide which sound player program to use to play the sound. Notice which sound player application is launched for each file type; this will vary depending on how the computers are set up. Some of the files can't be played by double-clicking on them because you have not yet installed the software required. When you are finished listening to these files, close all programs.
4. You may find it easier to work with sound files if you set up your computer so you can see the *file extension* (the three letter after the dot in the complete file name) of the files. The file extension tells you (and the computer) what type of file it is. Select **Start => Settings => Folder Options**. (In Windows XP, **Start => Settings => Control Panel => Folder Options**) Click on the **View** tab. Make sure that "Hide file extensions for known file types" is *not* checked. If it is, click it to uncheck it. Click the **Reset All Folders** button and close the Folder Options window.
5. Many sound player applications, such as *Windows Media Player*, *WinAmp*, and *MusicMatch*, have *playlist* capability. A *playlist* is a list of songs that the computer will play automatically one after another, like a jukebox. You can easily create, save, and load playlists of your favorite songs, songs for parties or for particular holidays, etc. For example, in *MusicMatch*, you create a playlist by dragging songs onto *MusicMatch's* window, save the by clicking **Save**, open them by clicking **Open** then **Playlist**. A playlist can have any number of songs in it - you can easily create a playlist that will literally play all day and night. Note: Playlists do not actually contain the music files; they are just pointers to them; if you move or rename the music files or folders, the playlists will not work.
6. To play music loud enough to fill a room, you'll want decent speakers hooked to your computer: a good choice is a powered three-way computer speaker system that has a sub-woofer (for bass sounds) in addition to small left and right side speakers. *Altec Lansing* among other manufacturers make speaker sets that sound great and that cost as little as \$20 - \$40. Well worth the cost.

Downloading sounds from Web pages

Downloading sounds and music from Web sites is easy. The folder "Sound and Music Web sites" on the Workshop CD-ROM contains many examples of Web sites that have downloadable sounds

and music; look especially at the "Downloadable sound and music files" and "Sing-along and Karaoke" folders. Downloading is easy if the Web page has a direct link to a sound file. Links are usually blue underlined text (or perhaps a graphic icon) - you can tell it's a link to a sound file if, when you "mouse over" it, it displays a sound file type (ending in .wav, .aif, .mp3, .au, .mid, or .kar) in the bottom border of the browser window. Here how to download the sound file to you hard disk:

1. Right-click on the link and select "**Save Target As...**" from the pop-up menu.
2. Click in the "Save in" menu and select the location where you want to save the file.
3. Click **Save**.

A sound that you have downloaded is just like any other sound file - it can be played, added to a playlist, edited, burned to a CD, etc.

You can search for sound and music files yourself, using a search engine. For example, open your Web browser, type **google.com** in the address bar, and press the enter key. Type in a search term and click "Google Search" button. Try adding wav or MP3 or mid to your search terms to narrow down the search to files of that type. Or you can try **altavista.com** (click the **MP3/audio** tab) or **alltheweb.com** (click the **audio** tab). You can also find the lyrics to many songs online; just do a Google search for "lyrics" and any phrase in the song in quotes: e.g. lyrics "chevy to the levee".

Recording the audio output of other computer programs

You can use *Audacity* to record the audio output of other computer programs, such as MIDI players (section **B7**), Karaoke players (**B7-8**), Internet radio stations (e.g. pandora.com), and Web sites that use "streaming" audio. The trick is to run both programs at the same time and to use your sound card's mixer function:

1. Double-click on the volume control (little loudspeaker icon) in the lower right corner of the screen.
2. Select **Options => Properties** and click on **Recording** and click **OK**. Then make sure the **Select** checkbox is checked under "Mixer" (it may be called "Mix." or "Stereo Mix.") and make sure that its volume is turned up.
3. Launch *Audacity*. (**Start => All Programs => Audacity**).
4. Select **Edit => Preferences**, select "**2 (Stereo)**" under Recording/Channels. Then click the **Quality** tab and select Default sample rate **44100 Hz**, default Sample format 32-bit float and click **OK**.
5. Launch the program that generates the sound.
6. Click *Audacity's* **round red** button to begin recording. Start the sound or music from the other program. When the song has finished, press the **square** button in *Audacity* to stop recording.
7. If you don't like what you have recorded, you can delete it by clicking on the close box [x] in the *upper left corner* of *Audacity's* waveform window, then repeat step 5.
8. To delete sections of the sound file that you don't want, drag the mouse pointer over that portion of the waveform and press the **Delete** key. To hear just one section of the sound file, drag the mouse pointer over that portion of the waveform and click the **Play** button. You can also **Cut**, **Copy**, and **Paste** sections of a sound file just like a text file.
9. In order to compensate for differences in the volume (loudness) of several successive recordings, it's useful to use to "normalize" the waveform before saving each sound: select the entire waveform (type **Ctrl-A**), then click **Effect => Normalize** and click **OK**
10. To save the sound file, select **File => Export as MP3...**, type in a file name into the File name box, and click **Save**. Files recorded in the **stereo, 44100 Hz** settings will be able to be burned onto an audio CD: see handout page **B6**.

Copying and burning audio CDs using *Windows Media Player 10*

Copying audio CDs to your computer's hard drive ("ripping")

1. Dial up or connect to your Internet connection and then minimize your Internet software. This is done to allow the automatic CD lookup to function. Otherwise the proper artist, album, and track names will not be automatically applied.
2. Open *Windows Media Player 10* (**Start => Programs => Accessories => Entertainment => Windows Media Player**). Note: these instructions are for *version 10* only.
3. Insert an audio CD into the computer's CD drive. The CD will start to play after a few seconds delay. Click the **Stop** button at the bottom of the window to stop playing.
4. In the *Windows Media Player* window, pull down the **Tools** menu and select **Options**. In the **Options** window, click in the **Rip Music** tab, click on the "Format" menu and select "**mp3**". Then check "Eject CD when ripping is complete" and uncheck "Rip CD when inserted". Slide the "Audio quality" slider all the way to the left ("Smallest Size"). Then click **OK**. (Note: these settings are automatically saved, so you only have to do this the first time).
5. Click on the **Rip** tab at the top of the *Windows Media Player* window and click the **Rip music** button at the top right. The copying process will begin. *You will not hear the music while it copies*, because the program spins the CD much faster than normal. Copying a CD takes much less time than playing the CD normally.
6. Once copying is complete, the audio disk is ejected. Each selected track on the CD will have been saved in **mp3** format (assuming you selected mp3 format in step 4) into a folder in "My Documents" => "My Music". The files will be in folders that *Windows Media Player* automatically creates and names for each album that you record.

Burning an audio CD Note: you must have a CD-writer (CD-RW) on your PC.

1. To burn an audio CD from any music tracks or albums that you have previously recorded, insert an ordinary blank CD-R into your CD-R drive (do *not* use a CD-RW disk).
2. After a few moments, a dialog box will pop up that asks you "What you want Windows to do?" Click on "**Burn a CD using Windows Media Player**".
3. *Windows Media Player* will open up in the "Burn" mode. (If that does not happen, you can open *Windows Media Player* yourself and click on the **Burn** tab on the top). (Note: to make an MP3 disk rather than an audio disk, click on **CD Drive** at the top of the right-hand panel and select **Data CD**. To make a regular audio CD, select **Audio CD**).
4. To select music, click **Edit Playlist**. This will display all the artists you have copied. Click on the artist's name to see the albums copied for that artist. Click on the album name to see the songs on that album. To select an album or an individual song for copying the the blank CD, *right-click* on it and select "Add to Playlist". (If you select too many songs, the ones that don't fit are labeled "Will not fit" in the Status column). To remove a song, click once on it in the Burn List and press the **Delete** key OR click the red **X**. Click **OK** when done.
5. Click the **Start Burn** button at the top left to start the CD burning process. *Windows Media Player* will display the estimated time remaining to complete the process at the bottom of its window. When it is finished, it will eject the completed audio CD.

Computer music activities

You don't have to be a musician to have fun with music

Arranging MIDI songs using *Sweet MIDI Player*.

1. Put the *Digital Sound and Music* CD into the computer's CD drive. Open (right-click and select **Open**) **My Computer** => **CD Drive** => **Windows Software** => **Sweet MIDI Player** folder. Double-click on "Swmipl32".
2. Select **Options** => **MIDI Setup**. Click in the "**Output to:**" menu and select "Microsoft GS Wavetable SW..." from the menu. Click **OK**.
3. Select **Load MIDI file...** from the **File** menu, select the **CD-Drive (D:)**, double-click on "Other MIDI Examples", select one of the songs there and click **Open**.
4. Click on the right arrow to start the song. Click on the blue square to stop.
5. To change the volume (loudness) of an instrument, use the volume slider for that channel.
6. If you want to change the instrument assigned to a channel, click on the instrument name in the box below the volume slider and select another instrument.
7. If you want to change the tempo (speed), right- or left-click on the **Tempo Change** box.
8. If you want to change the key (i.e. make the pitch higher or lower), right- or left-click on the **Transpose** box.
9. If you want to set the left-right stereo position of an instrument, use the "Pan" knobs above its volume slider.
10. If you want to save the resulting file, select **Save MIDI file...** from the **File** menu.
11. Try some of the other MIDI files and experiment with different instruments.

Note: There are lots of other MIDI files that you can download from the Internet. On the *Digital Sound and Music* CD, open "Sound and Music Web sites" => "Downloadable sound and music files" => "MIDI files to download". Right-click and select **Open** to try some of these sites. Or you can use a search engine such as Google to search for MIDI and whatever type of music you want, e.g. MIDI jazz. Once you have located a link to a MIDI file (in .mid format), just right-click on the link and select "Save Target As..." from the pop-up menu. Navigate to a location that you will remember and click **Save**. (You can record your MIDI creation as a WAV file by running *Audacity* at the same time as the MIDI player, and setting the recording properties to accept input from the "mixer". Set the recording parameters to "stereo, 44 KHz" and save the file in MP3 or "Windows PCM (.wav)" format if you want to make an audio CD, e.g. with *MusicMatch* or *Windows Media Player*).

To explore the MIDI instrument sounds your computer has, go to <http://www.buzzwood.com/> and click on "MIDI Voice Tester". Click on the instrument names to hear that instrument sound.

Computer Karaoke

The "Karaoke examples" folder on the *Digital Sound and Music* CD-ROM contains over 85 examples of MIDI-Karaoke KAR files, which contain the lyrics and the music accompaniment to a song. When played by a Karaoke program, the music will be played by your MIDI sound card and the lyrics will be displayed on the screen, synchronized to the music, for you to sing along with.

A simple Karaoke program called *WinKaraoke Player* is contained in the Windows software folder. Here's what to do:

1. Installing *WINkaraoke* (computer karaoke player)

1. Put the *Digital Sound and Music* CD-ROM into the computer's CD-ROM drive. Open (double-click or right-click and select **Open**) **My Computer => CD Drive => Windows Software => WINkaraoke program => setup**.
2. On the next screen, click **OK**.
3. Click the big square button with the picture of a computer on it.
4. Click **Continue**
5. Click **Yes**.
6. Click **OK**.

2. Running *WINkaraoke* (computer karaoke player)

1. Once the program is installed, run it: select **Start => Programs => WinKaraoke Player 1.5 => WinKaraoke Player 1.5**.
2. In the *WinKaraoke Player* window, click where it says "C:", select "D:", and click on "Karoke examples".
3. Choose one of these files and click the PLAY button to display the lyrics window.
4. Click the right arrow to start playing. Click the square to stop.
5. Close *WinKaraoke Player's* lyrics window to select another song.

Note 1: To change the size of the displayed lyrics, click **Options** in the main *WinKaraoke* window and then click on the **Font** button. Select a font and size and click **OK** to return to the *WinKaraoke* window. Then click the PLAY button to display the lyrics.

Note 2: To print out the lyrics, click the **Export** button, navigate to a folder where you want to save the lyrics, type in a file name, and click **Save**. Then double-click on the resulting text file and Print it.

3. Changing the musical arrangements.

If you don't like the tempo, key, instrumentation, or instrument balance of the song, you can change these things using the *Sweet MIDI Player*. Here's how:

1. Open (right-click and select **Open**) **My Computer => CD Drive => Windows Software => Sweet MIDI Player** folder. Double-click on "Swmip132".
2. Select **Options => MIDI Setup**. Click in the "**Output to:**" menu and select "Microsoft GS Wavetable SW..." from the menu. Click **OK**.
3. Select **Load MIDI file...** from the **File** menu, select "All Files" from the "Files of type" menu, navigate to the desired Karaoke (.kar) file, and click Open.
4. Click on the right arrow to start the song.
5. To change the volume (loudness) of an instrument, use the volume slider for that channel.
6. If you want to change the instrument assigned to a channel, click on the instrument name in the box below the volume slider and select another instrument.
7. If you want to change the tempo, right- or left-click on the **Tempo Change** box.
8. If you want to change the key, right- or left-click on the **Transpose** box.
9. To set the left-right stereo position of an instrument, use the "Pan" knob above its volume slider.
10. If you want to save the resulting file, select **Save MIDI file...** from the **File** menu, then **erase the ".mid" extension ion the file name and replace it with ".kar"** before clicking Save. (The saved files *must* have a .kar extension to be opened by *WinKaraoke Player*).

Note: To find other Karaoke files to download, try searching on Google for MIDI karaoke. To download a file, right-click on the link, select "Save target as...", change the file extension from "mid" to ".kar" extension so that they can be opened by *WinKaraoke Player*, then click **Save**.

Buying Music Online

A. Amazon.com - music CDs via mail order

A great way to look for books, music CDs, DVDs, etc. Big selection and good prices.

1. Open your Web browser, click on the address bar at the top, type in amazon.com/music, and press the enter key. (You can bookmark this site if you intend to come back later).
2. Look for the Search Music box on the left of the window. Click in the "Popular Music" menu and select the category you're interested in (e.g. Artist Name, Album Title, Song Title, Popular music, Used Music, Classical music, etc).
3. Type in what you are looking for (it might be the name of the artist, album, or song title, or you could just put in the type of music, e.g. jazz) and click on the Go button.
4. Albums matching your search terms will be listed in the center of the window in alphabetical order. Scroll down to see all of the matches.
5. Click the album title or the little graphic to display the album page. Scroll down on the album page to see all of the information, which includes a list of songs and reviews from editors and listeners.
6. Many albums allow you to listen to samples of the songs on the album, Scroll down until you see the "**Listen to Samples**" section. Try clicking on the blue "**Listen**" buttons to the right of the track title; depending on how your computer is configured, one of these is likely to work. You'll get a brief audio sample.
7. To buy the album, click on the "Add to shopping cart" button on the right.

B. Online digital music services - Buying music one song at a time

This is the new way to buy music: you download individual songs or whole albums to your hard disk, then burn them onto audio CDs or MP3 CDs using your CD burner. Individual songs usually cost \$0.89 - \$0.99 ea. The advantage is that you don't have to wait for the US Mail and you can create customized albums containing just the songs you like, in whatever order you like.

There are several such services listed in the "Digital Music Services" folder in "Sound and Music Web Sites" on the Digital Sound and Music CD-ROM. Two of the best are Apple's iTunes (go to itunes.com) and Roxio's Napster 2.0 (go to napster.com). Neither of these require a monthly subscription fee; you pay only for what you download. Both use special software (not your regular Web browser) that is optimized for convenient browsing, searching, listening to samples, and downloading.

C. Downloading free music

A good source of background music for multimedia slideshows, movies, etc., is **freeplaymusic.com**. They have over a thousand original music titles in MP3 format you can download for free, and you can use them for non-commercial educational projects entirely free of royalties. They have every style of music imaginable.

Procedure for Adding Sound to the Alphabet Book Web sites

1. Insert the workshop CD-ROM into the CD-ROM drive, label side up.
2. Double-click on "My Computer".
3. Double-click on the icon of the CD-ROM disk.

Prepare the partially completed folder for editing:

1. Drag either the "Maryland ABC book" or the "Florida ABC book" folder from the CD-ROM onto the desktop.
2. Close the CD-ROM window.
3. Double-click on the copy of the folder that you just copied to the desktop.
4. Select **Select All** from the **Edit** menu.
5. Right-click on any one of the files and select **Properties** from the pop-up menu.
6. Click on the **Read-only** box so that it is *not* checked and click **OK**.

Add a recorded comment for each letter.

1. Open (double-click on) the file "Text Content". Print it out if you prefer to read it on paper.
2. Connect and adjust the headset with microphone. (See page **B1** of this handout)
3. Click **Start** => **Programs** => **Accessories** => **Entertainment** => **Sound Recorder**.
4. Move the sound recorder window (by dragging the blue border at the top) so that it's not obscured by the "Text Content" document.
5. Start recording and read the comment for the letter "A" in the Text Content document.
6. If you're satisfied, go on to the next step. If not, Select **File** => **New**, click **No**, and repeat step 5.
7. Select **File** => **Save**, navigate to the Alphabet Book folder that you copied on the desktop, type the letter "a" into the File Name box, and click **Save**.
8. Select **File** => **New** to clear the old sound.
9. Repeat steps 5 - 8 for each letter of the alphabet, saving each a single-letter file name: a, b, c, etc.
10. Close the sound recorder program when you are done.

Test the Alphabet book site:

1. Open (double-click on) the file "index.htm" in the alphabet book folder on your desktop.
2. Navigate through the site by clicking on the navigation arrows.

Optional: Adding text to the letter pages:

1. Starting from the index page, click on the letter **A** to go to that page.
2. If you are using *Internet Explorer*, pull down the HTML **Edit** menu (the one on the right-hand side of the toolbar, not the usual Edit in the menu bar next to File) and select **Edit with Windows Notepad**. If you are using *Netscape*, select **Edit Page** under the **File** menu.
3. Edit "**A is for ...**" to read as you wish. (This text will appear *above* the picture)
4. Type a caption in the space between the <H2> and </H2> tags. (This text will appear *below* the picture, in a slightly smaller type size.)
5. **Save** the file.
6. To see how the page looks in the Web browser, click on the Web Browser in the task bar at the bottom of the screen (to activate its window) and click **Refresh**. If you see a mistake, click on the Notepad window, correct the text, and repeat steps 5 and 6. If you are satisfied, you can close the Notepad window (click on the x in the upper right).
7. Click on the right-arrow icon to move to the next letter and repeat step 2.

Talking Back(wards)

This is a fun exercise that helps you appreciate how difficult it is to pronounce unfamiliar language sounds exactly, why speakers of foreign languages often have difficulty pronouncing English correctly despite years of practice, and why we ourselves have difficulty being understood when we speak a foreign language, even if we are *sure* we are pronouncing everything perfectly.

A. First, we will use sound recorder to record a short spoken phrase:

1. Connect a microphone to your computer's sound input and adjust the sound settings as described on page **B1**.
2. Select **Start => Programs => Accessories => Entertainment => Sound Recorder**.
3. Click on the **round red button** to begin recording. Speak a short statement, such as "Hello, my name is _____". Click on the **black square button** to stop. Click on the **black triangle** to hear what you have recorded.
4. If you're satisfied, skip to step 5. If not, Select **File => New**, click **No**, and repeat step 3.

B. Next, we will reverse the sound recording, listen to it played backwards, and attempt to mimic that sound.

5. Select **Effects => Reverse** to reverse the sound recording in time (make it backwards).
6. Click on the **black triangle** to hear the reversed sound recording. It sounds strange, doesn't it? Like a foreign language. In fact, let's pretend that this is a phrase in a foreign language that you are trying to learn. Play the sound over and over again and try to mimic the sound exactly.
7. When you have practiced enough that you are confident you have memorized the sound and that you are reproducing the sound exactly, record your pronunciation: click on the **round red button** to begin recording, speak the backwards sound that you memorized, then click on the **black square button** to stop.

C. Now we will reverse the sound recording of the attempt to pronounce the backwards recording and compare it to the original.

8. If you have really mimicked the reversed sound exactly, then it should sound normal when you reverse the sound of the recorded backward phrase. Select **Effects => Reverse** and then click on the **black triangle** to hear your backward recording played backwards. Does it sound normal? Probably not.
9. Try the whole process again, this time trying even harder to reproduce exactly the sound of the reversed phrase. I'll bet that even your best efforts sound strange. This shows how very difficult it is to pronounce unfamiliar sounds exactly and how extraordinarily picky we are about the sound of our own language.